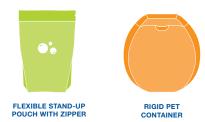
LIFE CYCLE ASSESSMENT LAUNDRY DETERGENT PODS PACKAGING CASE STUDY

LAUNDRY DETERGENT PODS PACKAGE COMPARISON

The use of single-dose pods has become a popular method for packaging laundry detergent, replacing liquid or powdered detergent with pre-measured packets. For this Life Cycle Assessment study, two common packaging formats for pods were evaluated for their holistic environmental impact: a flexible stand-up pouch with a zipper and a rigid PET container.





WATER CONSUMPTION

Water consumption of the two package formats is driven by differences in packaging weight as well as the use of water to cool molds during the injection molding process for the rigid PET container.

The rigid PET container's water footprint is +660% larger than the flexible standup pouch.



GREENHOUSE GAS EMISSIONS

When considering the greenhouse gas emissions of the two primary packaging types, the flexible stand-up pouch has a significant advantage largely due to using much less material and a less energyintensive laminating process.

The injection molding for the rigid PET container results in additional energy used in the process, leading to higher overall emissions (+726%).









FOSSIL FUEL CONSUMPTION

The flexible stand-up pouch comes out favorably in fossil fuel consumption, driven largely by the lightweight nature of the pouch and the energy or conversion efficiency in the manufacturing process. The injection molding process of the rigid PET container's manufacturing stage is much more energy-intensive than the laminating process used by the flexible stand-up pouch.

The rigid PET container has a fossil fuel usage nearly 504% greater than that of the flexible stand-up pouch with zipper, and the package weight is 6X heavier.



END OF USE SUMMARY

SOURCE REDUCTION BENEFITS

The flexible stand-up pouch with a zipper aligns with the Sustainable Materials Management framework that looks to maximize the use of resources in packaging as well as the U.S. EPA Waste Hierarchy that cites source reduction and reuse as preferred methods to reduce overall waste.

Flexible stand-up pouch:

Product weight Package weight **Rigid PET container:**



RECOVERY BENEFITS



amount of material ending up as municipal solid waste

When taking current recycling rates into consideration, the rigid PET container results in nearly 4X more material ending up in municipal solid waste than the flexible stand-up pouch.

In order for the PET container to have the same level of municipal solid waste as the flexible stand-up pouch, the recycling rate of both the rigid PET container and cap would need to increase from the current rate of **30%** to more than **80%**.

IMPLICATIONS

The results of the laundry pod case study show that the flexible stand-up pouch has a number of sustainability benefits (fossil fuel usage, carbon impact, water consumption, and municipal solid waste) over the rigid PET container, even when taking the current recycling rate of the rigid PET container into consideration.

FORMAT	FOSSIL FUEL CONSUMPTION (MJ-EQUIV)	GHG EMISSIONS (KG-CO ² EQUIV)	WATER CONSUMPTION (L)	PRODUCT- TO-PACKAGE RATIO (%)	PKG PKG LANDFILLED (G)/1000 KG PODS)
STAND-UP FLEXIBLE POUCH	76.73	3.10	5.00	47.2:1 97.9:2.1	21,209
RIGID PET CONTAINER	463.68 (+504%)	25.60 (+726%)	37.98 (+660%)	8.5 : 1 89.4 : 10.6	82,604 (+289%)



For more information and methodologies of assessments, please visit www.flexpack.org to download Flexible Packaging Association's "A Holistic View of the Role of Flexible Packaging in a Sustainable World" report and refer to pages 129-167.